



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.healthnet.com/portal/shopping/content/iwc/shopping/contact_us.action or by calling 1-800-289-2818.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	For preferred providers \$500 member / \$1,000 family. For out-of-network providers \$1,000 member / \$2,000 family. Does not apply to preventive care.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	Yes. \$600 brand prescription drug deductible/member and \$100 pediatric dental deductible.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
Is there an out-of-pocket limit on my expenses?	Yes. For preferred providers \$1,750 member / \$3,500 family. For out-of-network providers \$3,500 member / \$7,000 family per calendar year.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. For a list of preferred providers , see www.healthnet.com or call 1-800-289-2818.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

Questions: Call the number on your Health Net ID card (current members) or 1-800-289-2818 or visit us at www.healthnet.com.

If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at <http://cciiio.cms.gov> or call 1-800-289-2818 or the number on your Health Net ID card to request a copy.

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **In-network PPO providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network PPO Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15 /visit	50% co-ins	_____none_____
	Specialist visit	\$30 /visit	50% co-ins	_____none_____
	Other practitioner office visit	Chiropractic- \$30/visit Acupuncture-Not covered	50% co-ins	_____none_____
	Preventive care/screening/immunization	No charge	50% co-ins	_____none_____
If you have a test	Diagnostic test (x-ray, blood work)	Office-No charge Facility-20% co-ins	50% co-ins	_____none_____
	Imaging (CT/PET scans, MRIs)	Office- \$250/procedure Facility- 20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
If you need drugs to treat your illness or condition More information about prescription	Generic drugs	\$10/retail order, \$30 / mail order	Not covered	Copay applies only after deductible is met. Supply/order: 30 day (retail); 30-90 day (mail order). If you select a brand name drug that has a generic equivalent, your cost will be higher. May require prior authorization.
	Preferred brand drugs or preferred insulin	\$20/retail order, \$60 / mail order	Not covered	
	Non-preferred brand drugs	\$50/retail order, \$150 / mail order	Not covered	

Health Net Life Ins. Co., AZ: Statewide PPO Platinum

Coverage Period: 01/01/14-12/31/14

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: All Covered Members | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-network PPO Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<u>drug coverage</u> is available at www.healthnet.com	Specialty drugs	20% co-ins/order	Not covered	Coinsurance applies only after deductible is met. Supply/order: 30 day supply filled by a specialty pharmacy. May require prior authorization.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Physician/surgeon fees	20% co-ins	50% co-ins	—————none—————
If you need immediate medical attention	Emergency room services	\$250 /visit	\$250 /visit	Copay waived if admitted as inpatient.
	Emergency medical transportation	20% co-ins	20% co-ins	—————none—————
	Urgent care	\$50/visit	50% co-ins	—————none—————
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Physician/surgeon fee	20% co-ins	50% co-ins	Included with inpatient hospital charges.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$15/visit	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Mental/Behavioral health inpatient services	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Substance abuse disorder outpatient services	\$15/visit	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Substance abuse disorder inpatient services	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
If you are pregnant	Prenatal and postnatal care	PCP-\$15/visit Specialist-\$30/visit	50% co-ins	Copay waived after initial office visit.
	Delivery and all inpatient services	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%. Coverage does not include abortion services.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: All Covered Members | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-network PPO Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	20% co-ins	50% co-ins	Limited to part-time and intermittent nursing care. If precertification is not obtained benefit reimbursement is reduced by 50%.
	Rehabilitation services	\$30/visit	50% co-ins	Maximum 60 days per calendar year (all therapy services combined). If precertification is not obtained benefit reimbursement is reduced by 50%.
	Habilitation services	\$30/visit	50% co-ins	Maximum 60 days per calendar year. If precertification is not obtained benefit reimbursement is reduced by 50%.
	Skilled nursing care	20% co-ins	50% co-ins	Limited to 100 days per calendar year in-network and out-of-network combined. If precertification is not obtained benefit reimbursement is reduced by 50%.
	Durable medical equipment	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
	Hospice service	20% co-ins	50% co-ins	If precertification is not obtained benefit reimbursement is reduced by 50%.
If your child needs dental or eye care	Eye exam	No charge	Not covered	Limited to 1 visit per year.
	Glasses	No charge	Not covered	Provider selected frames; 1 per calendar year.
	Dental check-up	No charge after deductible is met	Not covered	\$100 deductible required (applied to all services).

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss program

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery
- Chiropractic care
- Hearing aids

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep health this coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit Fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the plan at 1-800-289-2818. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Health Net's Customer Contact Center at 1-800-289-2818, submit a grievance form through www.healthnet.com, or file your complaint in writing to, Commercial Appeals and Grievances Department, Attn: Appeals & Grievances Manager, Health Net of Arizona, P.O. Box 277610, Sacramento, CA 95827. You may also call the Consumer Services Division of the Arizona Department of Insurance at 602-364-2499 or 1-800-325-2548 (outside the Metro Phoenix area).

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-223-7691.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-223-7691.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-223-7691.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwíijigo holne' 1-800-223-7691.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

■ Amount owed to providers: \$7,540

■ Plan pays \$5,520

■ Patient pays \$2,020

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$500
Copays	\$20
Coinsurance	\$1,300
Limits or exclusions	\$200
Total	\$2,020

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

■ Plan pays \$4,020

■ Patient pays \$1,380

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$500
Copays	\$800
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$1,380

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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