



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan by calling 1-800-627-1188.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$10,000 family Does not apply to listed immunizations and listed in-network preventive.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	No	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.
What is not included in the out-of-pocket limit?	This plan has no out-of-pocket limit.	Not applicable because there's no <u>out-of-pocket limit</u> on your expenses.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. For a list of in-network providers, see www.bcidaho.com or call 1-800-627-1188.	If you use an <u>in-network</u> doctor or other health care <u>provider</u> , this plan will pay some of all of the costs of covered services. Be aware, your <u>in-network</u> doctor or hospital may use an out-of- <u>network</u> <u>provider</u> for some services. Plans use the term <u>in-network</u> , <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No Charge	No Charge	----- none -----
	Specialist visit	No Charge	No Charge	----- none -----
	Other practitioner office visit	No Charge	No Charge	----- none -----
	Preventive care/screening/immunization	No charge for listed preventive, screening and immunization services.	No charge for listed immunizations or preventive and screening services.	----- none -----
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	No Charge	----- none -----
	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	Preauthorization required.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.bcidaho.com	Generic drugs	No charge	No charge	Covers up to a 90 day supply. Pharmacy discount.
	Preferred brand drugs	Not covered	Not covered	----- none -----
	Non-preferred brand drugs	Not covered	Not covered	----- none -----
	Specialty drugs	Not covered	Not covered	----- none -----
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	Preauthorization required.
	Physician/surgeon fees	No Charge	No Charge	Preauthorization required.
If you need immediate medical attention	Emergency room services	No Charge	No Charge	----- none -----
	Emergency medical transportation	No Charge	No Charge	----- none -----
	Urgent care	No Charge	No Charge	----- none -----
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	No Charge	Preauthorization required.
	Physician/surgeon fee	No Charge	No Charge	Preauthorization required.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	No Charge	No Charge	Coverage is limited to 20 visit (combined with substance use) annual max.
	Mental/Behavioral health inpatient services	No Charge	No Charge	Coverage is limited to 8 day (combined with substance use) annual max.
	Substance use disorder outpatient services	No Charge	No Charge	Coverage is limited to 20 visit (combined with mental/behavioral health) annual max.
	Substance use disorder inpatient services	No Charge	No Charge	Coverage is limited to 8 day (combined with mental/behavioral health) annual max.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-Of-Network Provider	Limitations & Exceptions
If you are pregnant	Prenatal and postnatal care	Not covered	Not covered	----- none -----
	Delivery and all inpatient services	Not covered	Not covered	----- none -----
If you need help recovering or have other special health needs	Home health care	No Charge	No Charge	Preauthorization required.
	Rehabilitation services	No Charge	No Charge	Coverage is limited to 20 visit annual max for habilitation and rehabilitation services.
	Habilitation services	No Charge	No Charge	Coverage is limited to 20 visit annual max for habilitation and rehabilitation services.
	Skilled nursing care	No Charge	No Charge	Coverage is limited to 30 day annual max.
	Durable medical equipment	No Charge	No Charge	Preauthorization required.
	Hospice service	No charge	No Charge	Preauthorization required. Coverage is limited to \$10,000 lifetime max.
If your child needs dental or eye care	Eye exam	Not covered	Not covered	----- none -----
	Glasses	Not covered	Not covered	----- none -----
	Dental check-up	Not covered	Not covered	----- none -----

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- | | |
|---------------------------|-----------------------------|
| • Acupuncture | • Non-preferred brand drugs |
| • Bariatric surgery | • Preferred brand drugs |
| • Cosmetic surgery | • Pregnancy services |
| • Dental care (Adult) | • Private-duty nursing |
| • Dental check-up (Child) | • Routine eye care (Adult) |
| • Eye exam (Child) | • Routine foot care |
| • Glasses (Child) | • Specialty drugs |
| • Hearing aids | • Weight loss programs |
| • Infertility treatment | |
| • Long-term care | |

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Non-emergency care when traveling outside the U.S.

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Your Rights to Continue Coverage:

** Individual health insurance sample -

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-627-1188. You may also contact your state insurance department at 1-800-721-3272.

Your Grievance and Appeals Rights:

For any initial questions concerning a claim, or to appeal a claim or benefit decision, please contact Customer Service at 1-208-331-7347 or 1-800-627-1188, www.bcoidaho.com, or at P.O. Box 7408, Boise, ID 83707.

If your plan is subject to ERISA, you may contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA or www.dol.gov/ebsa/healthreform

If your plan is fully insured or a self-funded subject to the Idaho Insurance Code, you may also receive assistance from the Idaho Department of Insurance at 1-800-721-3272 or www.DOIIdaho.gov

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-208-331-7347 or 1-800-627-1188.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-208-331-7347 or 1-800-627-1188.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-208-331-7347 or 1-800-627-1188.

Navajo (Dine): Dine'ehgo shika at'ohwol ninisingo, kwijjigo holne' 1-208-331-7347 or 1-800-627-1188.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$0**
- **Patient pays \$7,540**

(This condition is not covered, so patient pays 100%)

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	
Co-pays	
Co-insurance	
Limits or exclusions	\$7,540
Total	\$7,540

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$100**
- **Patient pays \$5,300**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$5,300
Co-pays	
Co-insurance	
Limits or exclusions	
Total	\$5,300

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on a national averages supplied by the US Department of Health and Human Services; and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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