

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: E, ES, EE/1Ch, EE/Chn, Fam

| Plan Type: POS



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <http://altius.coventryhealthcare.com/> or by calling 1-800-377-4161.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	Participating: Ind: \$6,350; Fam: \$12,700 - does not apply to preventive care Non-Participating: Ind: \$6,400; Fam: \$12,800 (AD = After Deductible)	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Participating: Yes. Ind: \$6,350; Fam: \$12,700 Non-Participating: No.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges, health care this plan does not cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. www.altiushealthplans.com or call 1-800-377-4161	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance payment** of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network provider charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use a		Limitations & Exceptions
		Participating Provider	Non-Participating Provider	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit AD	50% coinsurance (co-ins) AD	Participating Providers: Deductible does not apply to the first 3 visits/year
	Specialist visit	0% co-ins AD	50% co-ins AD	None.
	Other practitioner office visit	Chiropractic care: 0% co-ins AD	Chiropractic care: 50% co-ins AD	Chiropractic care: Limited to 10 visits/year
	Preventive care/ Screening/Immunization	\$0	50% co-ins AD	None.
If you have a test	Diagnostic test (x-ray, blood work)	0% co-ins AD - x-ray 0% co-ins AD - lab	50% co-ins AD - x-ray 50% co-ins AD - lab	None.
	Imaging (CT/PET scans, MRIs)	0% co-ins AD	50% co-ins AD	Prior auth required
If you need drugs to treat your illness or condition. More information about <u>prescription drug coverage</u> is available at http://altius.coventryhealthcare.com/ .	Generic drugs	0% co-ins AD	0% co-ins AD	Limited to a 31-day supply/90-day supply mail order, prior auth required for some drugs
	Preferred brand drugs	0% co-ins AD	0% co-ins AD	Limited to a 31-day supply/90-day supply mail order, prior auth required for some drugs
	Non-preferred brand drugs	0% co-ins AD	0% co-ins AD	Limited to a 31-day supply/90-day supply mail order, prior auth required for some drugs

Common Medical Event	Services You May Need	Your cost if you use a		Limitations & Exceptions
		Participating Provider	Non-Participating Provider	
If you need drugs to treat your illness or condition. More information about <u>prescription drug coverage</u> is available at http://altius.coventryhealthcare.com/ .	Specialty drugs	0% co-ins AD	0% co-ins AD	Limited to a 30-day supply/90-day supply mail order, prior auth required for some drugs
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% co-ins AD	50% co-ins AD	Prior auth required
	Physician/surgeon fees	0% co-ins AD	50% co-ins AD	Prior auth required
If you need immediate medical attention	Emergency room services	0% co-ins AD	0% co-ins AD	When medically necessary
	Emergency medical transportation	0% co-ins AD	50% co-ins AD	When medically necessary
	Urgent care	0% co-ins AD	50% co-ins AD	Must meet urgent care criteria
If you have a hospital stay	Facility fee (e.g., hospital room)	0% co-ins AD	50% co-ins AD	Prior auth required
	Physician/surgeon fee	0% co-ins AD	50% co-ins AD	Prior auth required
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	0% co-ins AD	50% co-ins AD	None.
	Mental/Behavioral health inpatient services	0% co-ins AD	50% co-ins AD	Prior auth required
	Substance use disorder outpatient services	0% co-ins AD	50% co-ins AD	None.
	Substance use disorder inpatient services	0% co-ins AD	50% co-ins AD	Prior auth required
If you are pregnant	Prenatal and postnatal care	\$0	50% co-ins AD	None.
	Delivery and all inpatient services	0% co-ins AD	50% co-ins AD	None.

Common Medical Event	Services You May Need	Your cost if you use a		Limitations & Exceptions
		Participating Provider	Non-Participating Provider	
If you need help recovering or have other special health needs	Home health care	0% co-ins AD	50% co-ins AD	Prior auth required
	Rehabilitation services	Inpatient - 0% co-ins AD; Outpatient - 0% co-ins AD	Inpatient - 50% co-ins AD; Outpatient - 50% co-ins AD	Prior auth required
	Habilitation services	0% co-ins AD	50% co-ins AD	Limited to 20 outpatient visits/year, prior auth required
	Skilled nursing care (facility)	0% co-ins AD	50% co-ins AD	Limited to 30 days/year, prior auth required
	Durable medical equipment (including supplies)	0% co-ins AD	50% co-ins AD	None.
	Hospice Services	0% co-ins AD	50% co-ins AD	Prior auth required
If your child needs dental or eye care	Eye exam	\$0	40% co-ins plus any amount exceeding UCC	Limited to one eye exam/year; (UCC is the average participating provider reimbursement across the country for the last 12 months)
	Glasses	\$0	40% co-ins plus any amount exceeding UCC	Limited to one frame and pair of standard eyeglass lenses/year
	Dental check-up	\$0	Any amount that exceeds the out-of-network rate	Limited to one check-up/6 months

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy for others.)		
- Acupuncture - Dental Care (Adult) - Long-Term Care - Routine Eye Care (Adult)	- Bariatric Surgery - Hearing Aids - Non-Emergency Care when Traveling Outside the U.S. - Routine Foot Care	- Cosmetic Surgery - Infertility Treatment - Private-Duty Nursing - Weight Loss Programs
Other Covered Services (This isn't a complete list. Check your policy for other covered services and your costs for these services.)		
Chiropractic Care		

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-377-4161. You may also contact your state insurance department at Idaho Department of Insurance 700 West State Street P.O. Box 83720 Boise, ID 83720-0043 208-334-4250.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Idaho Department of Insurance 700 West State Street P.O. Box 83720 Boise, ID 83720-0043 208-334-4250

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-377-4161.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-377-4161.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-800-377-4161.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-377-4161.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much insurance protection you might get from different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

■ **Amount owed to providers:** \$7,540

■ **Plan pays:** \$1,110

■ **You pay:** \$6,430

Sample care costs:

Hospital charges (mother)	\$2,700
Routine Obstetric Care	\$2,100
Hospital Charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

You pay:

Deductibles	\$6,400
Co-pays	\$0
Coinsurance	\$0
Limits or exclusions	\$30
Total	\$6,430

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

■ **Amount owed to providers:** \$5,400

■ **Plan pays:** \$100

■ **You pay:** \$5,300

Sample care costs:

Prescriptions	\$2,900
Medical equipment and supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccine, other preventive	\$100
Total	\$5,400

You pay:

Deductibles	\$5,200
Co-pays	\$0
Coinsurance	\$0
Limits or exclusions	\$100
Total	\$5,300

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.